

National Health Mission (NHM), Mumbai



NHM Maharashtra CHO Exam Pattern

Name of subject	Number of Questions	Number of Marks
<ul style="list-style-type: none">Basic concepts of Public Health, Basics of Human Body, Child Health, Adolescent Health, Maternal Health, Family planning, Communicable Diseases, Non-communicable Diseases, Nutrition & skill-based questions	50	100
Exam Type: Objective Multiple Choice Questions		
Time Duration: 2 Hours		

NHM Maharashtra Community Health Officer Syllabus

Child Health

- Abuse in pregnancy
- Anemia
- Cardiomyopathy
- Cellular and Molecular Therapy
- Attention Deficit / Hyperactivity Disorder
- Autism
- Autosomal recessive lysosomal storage disease
- Hearing loss
- HIV
- Hypertension

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- Hypovolemic shock
- Lactation support
- Angelman syndrome
- Learning disorders
- Leukemia
- Cancer
- Hematology
- HIV
- Cardiogenic shock
- Hematology
- Clinical Trials
- Hepatology
- Cognitive impairment
- Hemophilia
- Vision loss

Maternal Health

- Maternal Health, HIV and AIDS.
- Global Maternal Health Workforce
- Antenatal Care.
- Family Planning and Maternal Health.
- Preterm Birth.
- Maternal and Newborn Health Integration.
- Perinatal Mental Health.
- Malaria in Pregnancy.
- Postnatal Care.
- Quality of Maternal Health Care.
- Respectful Maternity Care.
- Maternal Health in the United States.

Family Planning

- Contraceptive services
- Pregnancy testing and counseling
- Pregnancy–achieving services including preconception health services
- Basic infertility services
- <https://www.freshersnow.com/syllabus/>
- Sexually transmitted disease services
- Broader reproductive health services, including patient education and counseling

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- Breast and pelvic examinations
- Breast and cervical cancer screening
- Sexually transmitted infection (STI)
- Human immunodeficiency virus (HIV)
- prevention education, counseling, testing, and referral

Communicable & Non-communicable Diseases

- Cardiovascular Disease (CVD)
- Chronic obstructive pulmonary disease (COPD)
- Diabetes mellitus type 2
- Lower back pain
- Malnutrition
- Skin cancer
- Obesity
- diabetes
- chronic kidney disease
- osteoarthritis
- osteoporosis
- Alzheimer's disease