

Nursing Foundation MCQs

Circle the letter that corresponds to the best answer for each question:

1- The nursing process is utilized to:

- a) Provide a systemic, organized and comprehensive approach to meeting the needs of clients.
- b) Encourage the family to make decisions regarding patient's care.
- c) Increase involvement of allied healthcare professionals in decision-making
- d) None of the above

2- Objective data might include:

- a) Chest pain. b) Complaint of dizziness.
- c) An evaluation of blood pressure. d) None of the above

3- According to Maslow's hierarchy of human needs, the highest level is

- a) Physiologic needs b) Safety and security
- c) Belongingness and affection and esteem and self-respect
- d) Self-actualization

4- All the following are indicative physical signs of poor nutrition are all, except

- a) Dental caries, mottled appearance (fluorosis), malpositioned
- b) Brittle, depigmented, easily plucked; thin and sparse hair
- c) Tongue - deep red in appearance; surface papillae present
- d) Spongy, bleed easily, marginal redness, recession gums

5- Development of an infection occurs in a cycle that depends on the presence of all the following elements except:

- a) Causative agent, a portal of entry
- b) Source for pathogen growth
- c) Health care worker
- d) A portal of exit, a mode of transmission, a susceptible host

6- All the following are essential standard precautions used in the care of all patients irrespective of whether they are diagnosed infectious or not ,except one

- a) Hand hygiene
- b) Improper sharps and waste disposal
- c) Personal protective equipment
- d) Aseptic techniques

7- Which of the following is the appropriate route of administration for insulin?

- a) Intramuscular b) Intradermal
- c) Subcutaneous d) Intravenous

8. All the following are Patient's responsibilities, except

- a) Providing information
- b) Complying with instructions
- c) Give different kind of care
- d) Following hospital rules and regulations

9- There are many different nursing education programs throughout the world that prepares nurses which of these program is type of basic Nursing Programs

- a) Diploma/Certificate Programs
- b) Baccalaureate Degree Programs in Nursing
- c) Master's Degree Programs in Nursing
- d) Doctoral Programs in Nursing

10- The nurse is orienting a new nurse to the unit and reviews source-oriented charting. Which statement by the nurse best describes source-oriented charting?

- a) Separates the health record according to discipline
- b) Organizes documentation around the patient's problems
- c) Highlights the patient's concerns, problems, and strengths
- d) Is designed to streamline documentation

11- Which of the following is the meaning of PRN?

- a) When advised b) When necessary
- b) Immediately d) Now

12- The following is the most important purpose of documentation?except

- a) To Communication b) To Reimbursement
- b) To Quality assurance d) To provide comfort

13- The nurse is preparing to take vital sign in an alert client admitted to the hospital with dehydration secondary to vomiting and diarrhea. What is the best method used to assess the client's temperature? <https://www.freshersnow.com/previous-year-question-papers/>

- a) Oral b) Axillary
- c) Radial d) Heat sensitive tape

14- The nurse is working on a unit that uses nursing assessment flow sheets. Which statement best describes this form of charting?

- a) Are comprehensive charting forms that integrate assessments and nursing actions
- b) Contain only graphic information, such as I&O, vital signs, and medication administration
- c) Are used to record routine aspects of care; they do not contain assessment data
- d) Contain vital data collected upon admission, which can be compared with newly collected data

15- At the end of the shift, the nurse realizes that she forgot to document a dressing change that she performed for a patient. Which action should the nurse take?

- a) Complete an occurrence report before leaving.
- b) Do nothing; the next nurse will document it was done.
- c) Write the note of the dressing change into an earlier note.
- d) Make a late entry as an addition to the narrative notes

16- The nurse is to administer an iron injection to an adult. How should this be administered?

- a) Subcutaneous in the arm b) Intradermal in the forearm
- c) Intramuscular in the deltoid d) Z track intramuscular in the gluteal

17. A client has been admitted to a nursing home, and the nurse completes an assessment. Which finding might lead the nurse to suspect a nutritional alteration?

- a) Eye clear b) Shiny hair
- b) Ridged nails d) Moist conjunctiva

18. A patient asks you what vitamin is best for eye sight. Your response is:

- a) Vitamin C b) Vitamin A
- c) Vitamin B6 d) Vitamin B12

19- The nurse prepares IM injection that is irritating to the subcutaneous tissue. Which of the following is the best action in order to prevent tracking of the Medication

- a) Use a small gauge needle
- b) Apply ice on the injection site
- c) Administer at a 45° angle
- d) Use the Z-track technique

20- Mr. Ahmed has just been admitted to your floor with onset of disruptive behavior due to unknown cause. He is prescribed haloperidol 2.5 mg intramuscularly now. The pharmacy dispenses haloperidol for injection in the form of 5 mg/mL. How much medication do you draw up to give to Mr. Ahmed?

- a) 2 mL. b) 5 mL.
- C) 0.5 mL. d) 12.5 mL.

21- To assessment of immobilized patient focus on the following except

- a) range of motion b) activity tolerance

22- Changes that occur in musculoskeletal system due to immobility

- a) decrease muscle endurance, strength and mass
- b) Change in calcium metabolism with hyper calcium result in renal calculi
- c) Alteration in calcium, fluid and electrolyte

d) Non of the above

23-Non verbal massage is a mode of communication that include the following
Except

- a) Tone& pitch of voice
- b) Facial expression
- c) Gesture
- d) Touch

24. Independent nursing intervention commonly used for immobilized patients
include all of the following except:

- a. Active or passive ROM exercises, body repositioning, and activities of daily living (ADLs) as tolerated
- b. Deep-breathing and coughing exercises with change of position every 2 hours
- c. Diaphragmatic and abdominal breathing exercises and increased hydration
- d. Weight bearing on a tilt table, total parenteral nutrition, and vitamin Therapy

25. An instrument placed against a patient's chest to hear both lung and heart
Sounds.

- a) stethoscope
- b)otoscope
- c) sphygmomanometer
- d)telescope