

Sikkim Public Service Commission (SPSC)



SPSC MPHW Exam Pattern

Paper	Topics	Marks
Paper – I	General English	50 marks
	General Knowledge	30 marks
Paper – II	Main Paper (MPHW (M)) Course	100 marks
Total		180 marks
Viva/Voca & Interview		20 marks
Grand Total		200 marks

Note

- Both Paper - I and Paper - II contains Multiple choice questions.

SPSC Multi Purpose Health Worker Syllabus

General English

- Transformation
- Prepositions
- Sentence Arrangement
- Fill in the blanks
- Spotting Errors, Para Completion, Joining Sentences
- Error Correction (Phrase in Bold)

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- Antonyms
- Active and Passive Voice
- Substitution
- Sentence Improvement
- Synonyms
- Spelling Test
- Substitution
- Passage Completion
- Idioms and Phrases
- Sentence
- Completion
- Error Correction (Underlined Part)

General Knowledge

- Awards
- Authors
- Flower
- Defense
- Culture
- Religion
- Languages
- Capitals
- Wars and
- Neighbors
- Current Affairs
- History
- Anthem
- Important National Facts
- Heritage and Arts
- Dance
- Currencies
- Bird
- Animal
- Abbreviations

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- Discoveries
- Diseases and Nutrition
- Song
- Flag
- Monuments
- Personalities
- Freedom Movement
- Championships
- Winners
- Terms
- Common Names
- Full forms
- Soil
- Rivers
- Mountains
- Ports, Inland Harbours
- Number of Players Culture, Religion, Dance
- Heritage and Arts

Core Subjects (Paper - II)

- Public Health Administration & National Health Programmes
- Epidemiology, Communicable Diseases, Environmental Sanitation and Demography
- Biostatistics, Behavioural Science - Health Education Science
- Educational Foundation and Research Methods
- Mass Media and Communications
- Official Communications and community organizations
- <https://www.freshersnow.com/syllabus/>
- First Aid to the injured, Home Nursing & Elementary Anatomy
- Physiology, Personal Hygiene, Elementary Physics, Chemistry, and Mathematics
- Public Health & Drugs used in Preventive Medicines

Detailed MPHW Syllabus Topics

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01	Public Health Administration & National Health Programmes etc.	Section I: Public Health Administration	(i) Public Health History (ii) Medical Care and the Organizational set up of various institutions (iii) Health Schemes (iv) Health Legislation (v) International Health Organizations and Bilateral Agencies (vi) International Health Regulations (vii) Public Health Nursing etc.
		Section II: National Health Programmes	(i) National Health Programmes (ii) National Health Promotional Programmes (iii) Nutrition (iv) School Health (v) Maternal and Child Health (vi) Family Welfare Programmes etc.
02	Epidemiology, Communicable Diseases, Environmental Sanitation and Demography and Biostatistics etc	Section I	(i) Epidemiology (ii) Microbiology (iii) Control of Communicable Diseases (iv) Environmental Sanitation (v) Sewage disposal and Drainage system (vi) Air and Ventilation (vii) Insecticides and Pesticides (viii) Climatology (ix) Industrial Health and Hygiene etc. (x) Public Gathering / Meals Sanitation
03	Behavioral Science Foundations for Health Education (Behavioral) Science Educational Foundation and Research Methods	Section I :	Anthropological and Psychological Foundations etc.
		Section II:	Educational Foundation etc.
		Section III:	Research Foundation etc.
04	Health Education, Mass Media and Communications, Official Communications and Community Organizations etc.	Section I :	(i) Health Education (ii) Methods of Health Education (iii) Educational Planning and Health Survey etc.
		Section II :	(i) Mass Communication (ii) Mass Media and Communication (iii) Audio-visual Aids etc.
		Section III :	(i) Official Communications (ii) Store – keeper (iii) Basic Principles of Accounts (iv) Records-keeping (v) Official Procedures (General
05	First-Aid to the injured; Home Nursing & Elementary Anatomy & Physiology	Section I :	First-Aid to the injured and Elementary Anatomy and Physiology (as related to the Public and Personal Health)
		Section II :	Home Nursing
06	Personal Hygiene; Elementary Physics, Chemistry and Mathematics (as related to Public Health & Drugs used in Preventive Medicines)	Section I:	(i) Food Safety and Standards Act, 2006 (ii) Food Safety and Standards Rules, 2011
		Section II:	(i) Personal Hygiene (Health, Hygiene and Diseases introduction) (ii) Elementary Physics, Chemistry and Mathematics (as related to Public Health) (iii) Drugs used in Preventive Medicine (a) Modern Medicine (b) Homeopathic (c) Ayurveda (d) Nature Care (e) Medicinal Plants etc.