



## Learning Objective

In the modern society, due to numbers of psychosocial problems, most of the individual are not free from stress and strain. In this context, the study of psychology or study of human behaviour is very important to survive in a healthy way. But the subject matter of psychology is very vast in nature. Before entering into the broad areas of psychology, it is important to study briefly about the concept, scope and areas of psychology. The present chapter of the book is the brief description of the concept and scope of psychology in objective manner. The present chapter will help the beginner student of psychology covering most of the significant events and areas starting from the scientific era of psychology in an objective manner to remember in a very short period of time.

## Multiple Choice Questions

- Psychology is a \_\_\_\_\_.
  - A natural science
  - A physical science
  - A biological science
  - A social science
- Psychology as a 'Science of Mind', defined by \_\_\_\_\_ school of psychology.
  - Psychoanalysts
  - Behaviourists
  - Functionalists
  - Ancient Greek Philosophers
- In the year \_\_\_\_\_ the Scientific Psychology was first accepted.
  - 1779
  - 1679
  - 1879
  - 1889
- Who is the father of Experimental Psychology.
  - Wilhelm Wundt
  - Sigmund Freud
  - C.G. Jung
  - E.B. Titchener
- Psychology can be literally defined as the \_\_\_\_\_.
  - Science of mind
  - Science of behaviour
  - Science of soul
  - Science of consciousness
- J.B. Watson, the founder and father of behaviouristic school of psychology defined 'Psychology' as the science of \_\_\_\_\_.
  - Soul
  - Consciousness

- (c) Mind  
(d) Behaviour
7. E.B. Titchener (1867-1927) defined 'Psychology' as the science of \_\_\_\_\_.
- (a) Conscious Experience  
(b) Science of Mind  
(c) Science of Experience  
(d) Science of Soul
8. Who defined 'Psychology' as the scientific study of activities of organism in relation to its environment?
- (a) J.B Watson  
(b) Sigmund Freud  
(c) Wood worth  
(d) William James
9. "S-R" concept was first established by \_\_\_\_\_.
- (a) J.B Watson  
(b) Wilhelm Wundt  
(c) William James  
(d) I.P. Pavlov
10. Rejecting the concept of "S-R" connectionism, further "S-O-R" concept was developed by \_\_\_\_\_.
- (a) Woodworth  
(b) C.G. Jung  
(c) E.B. Titchener  
(d) Sigmund Freud
11. Who defined "Psychology as the science of immediate experience with consciousness being the main subject matter"?
- (a) E.B. Titchener  
(b) William James  
(c) Sigmund Freud  
(d) Wilhelm Wundt
12. Who is the founder and principal proponent of psychoanalysis \_\_\_\_\_.
- (a) Sigmund Freud  
(b) E.B Titchener  
(c) C.G. Jung  
(d) Alfred Adler
13. Who is the psychologist who constructed the first intelligence test?
- (a) William James  
(b) J. B. Watson  
(c) William Mc Dougall  
(d) Alfred Binet
14. The occurrence of 'O' in 'S-O-R' concept is responsible in regulating the behavior of the organism and making psychological activity \_\_\_\_\_.
- (a) Complex  
(b) Dynamic  
(c) Fixed  
(d) Puzzled
15. Anything which evokes a response in the Organism is called.
- (a) Stimulus  
(b) Thing  
(c) Situation  
(d) Incidence
16. The method of 'Field Observation' is always considered as \_\_\_\_\_.
- (a) Subjective  
(b) Complex  
(c) Neutral  
(d) Objective
17. To study Abnormal Psychology means, to study mainly the nature of \_\_\_\_\_.
- (a) Normality of mind  
(b) Unconscious level of mind

- (c) Subconscious level of mind  
(d) Abnormality of mind
18. Clinical Psychology deals with the practical aspect of \_\_\_\_\_.  
(a) Abnormal Psychology  
(b) Educational Psychology  
(c) Child Psychology  
(d) Experimental Psychology
19. Sigmund Freud is regarded as the father of \_\_\_\_\_ in psychology.  
(a) Gestalt school  
(b) Behaviouristic school  
(c) Functionalistic school  
(d) Psychoanalytic school
20. Ebbinghaus, had done the pioneering experiments on \_\_\_\_\_.  
(a) Perception  
(b) Emotion  
(c) Memory  
(d) Thinking
21. Science is invariably characterised by \_\_\_\_\_.  
(a) Its methodology  
(b) Its theory  
(c) Its fact  
(d) Its hypothesis
22. General psychology deals with \_\_\_\_\_.  
(a) Personality  
(b) Development  
(c) Intelligent  
(d) Fundamentals of all branches of psychology
23. Industrial Psychology is \_\_\_\_\_.  
(a) Theoretical Psychology  
(b) Applied Psychology  
(c) Educational Psychology  
(d) Abnormal Psychology
24. Developmental Psychology studies \_\_\_\_\_.  
(a) Personality  
(b) Motivation  
(c) Intelligence  
(d) Various stages of development of man
25. Abnormal Psychology is concerned with \_\_\_\_\_.  
(a) Developmental stages of individual  
(b) Diagnosis of abnormal behaviour  
(c) Abnormal behaviour and its causes  
(d) Treatment of abnormal behaviour
26. Social Psychology deals with \_\_\_\_\_.  
(a) Behaviour of an individual at work  
(b) Behaviour and experience in social situations  
(c) Behaviour of ethnic groups  
(d) Abnormal Behaviour of people
27. Psychology is the science studying the behaviour of \_\_\_\_\_.  
(a) Mankind  
(b) Living Organism  
(c) Animals  
(d) Plants
28. Some of the most useful knowledge of human perception has borrowed from \_\_\_\_\_.  
(a) Chemistry  
(b) Physics  
(c) Sociology  
(d) Zoology

29. A major part of developmental psychology is devoted to the understanding of behaviour of \_\_\_\_\_.
- Children
  - Adolescents
  - Women
  - Old people
30. Who is the founder of 'Individual Psychology'?
- David Hull
  - Thorndike
  - Alfred Binet
  - Alfred Adler
31. From the following pioneered psychologist who is associated with Behaviourism?
- B.F. Skinner
  - William James
  - Megde Arnold
  - David Hull
32. Who is recognised as the father of psychoanalysis?
- Sigmund Freud
  - Tolman
  - Alfred Adler
  - William James
33. Wolf Gang Kohler was associated with \_\_\_\_\_ school of psychology.
- Social Psychology
  - Gestalt Psychology
  - Industrial Psychology
  - Educational Psychology
34. The "Law of effect" was coined by \_\_\_\_\_.
- Skinner
  - Pavlov
  - Kohler
  - Thorndike
35. Archetype is a terminology associated with \_\_\_\_\_.
- Jung
  - Freud
  - Adler
  - Skinner
36. Who established the first experimental psychological laboratory?
- Sigmund Freud
  - B.F. Skinner
  - Evan Pavlov
  - Wilhelm Wundt
37. Who is the valuable contributor in insightful learning?
- Thordike
  - B.F. Skinner
  - Evan Pavlov
  - Kohler
38. The most pioneered contributor to Behavioural school of psychology is \_\_\_\_\_.
- Freud
  - Allport
  - Watson
  - Fechner
39. Wilhelm Wundt established the first laboratory of experimental psychology at \_\_\_\_\_.
- Greenwich
  - Zurich
  - Leipzig
  - Munich

40. From the following psychologist, who rejected introspection as a method of psychology \_\_\_\_\_.
- (a) B.F. Skinner
  - (b) Fulton
  - (c) Cattell
  - (d) J.B. Watson
41. In which method of study of psychology, independent and dependent variable are important elements.
- (a) Introspection Method
  - (b) Experimental Method
  - (c) Observational Method
  - (d) Case History Method
42. In \_\_\_\_\_ method of study in psychology, passive study and analysis of human behaviour is usually done.
- (a) Introspection Method
  - (b) Experimental Method
  - (c) Observational Method
  - (d) Genetic Method
43. In the simplest experimental method, 'E' manipulates \_\_\_\_\_.
- (a) One Variable
  - (b) Two Variables
  - (c) Three Variables
  - (d) Four Variables
44. What it is called, when more than one independent variable works in an experimental situation.
- (a) Situational Crisis
  - (b) Interaction
  - (c) Multisituational Effect
  - (d) Variable Crisis
45. Who has been considered as the father of psychoanalysis method of study \_\_\_\_\_?
- (a) Sigmund Freud
  - (b) E.B Titchener
  - (c) C.G. Jung
  - (d) Alfred Adler
46. Who has been credited as the first developer of first intelligence test and made important contributions to our understanding of the thought process?
- (a) William James
  - (b) Alfred Binet
  - (c) William McDougall
  - (d) J.B. Watson
47. The concepts like "Introspection" and "Conscious Experience" are associated with \_\_\_\_\_.
- (a) Functionalism
  - (b) Behaviourism
  - (c) Structuralism
  - (d) Gestalt Psychology
48. A Provisional theory to explain observed facts is known as \_\_\_\_\_.
- (a) Construct
  - (b) Theory
  - (c) Hypothesis
  - (d) Event
49. \_\_\_\_\_ is the least noticeable value of stimulus.
- (a) Stimulus Threshold
  - (b) Response Threshold
  - (c) Hypothesis
  - (d) Problem

50. Which one of the following approaches tries to analyze human behaviour in terms of stimulus-response units acquired through the process of learning, mainly through instrumental conditioning .
- (a) Cognitive Approach
  - (b) Dynamic and Psychoanalytic Approach
  - (c) Stimulus-Response Behaviouristic Approach
  - (d) Existential Approach
51. \_\_\_\_\_ approach is popularly rooted in Gestalt psychology.
- (a) Wholistic Approach
  - (b) Stimulus-Response-Behaviouristic Approach
  - (c) Dynamic and Psychoanalytic Approach
  - (d) Cognitive Approach
52. \_\_\_\_\_ approach emphasizes the role of instinctual processes and their modification in the course of interaction with the society.
- (a) Dynamic and Psychoanalytic Approach
  - (b) Cognitive Approach
  - (c) Holistic Approach
  - (d) Stimulus-Response Behaviouristic Approach
53. The system which still survives very nearly in its rigid forms is \_\_\_\_\_.
- (a) Cognitive Approach
  - (b) Dynamic and Psychoanalytic Approach
  - (c) Holistic Approach
  - (d) Existential Approach
54. Psychologists with the Biological perspective try to relate behaviour to functions of \_\_\_\_\_.
- (a) Body
  - (b) Mind
  - (c) Soul
  - (d) Unconscious
55. The perspective which is concerned with characteristic changes that occur in people as they mature is known as \_\_\_\_\_.
- (a) Developmental Perspective
  - (b) Biological Perspective
  - (c) Humanistic Perspective
  - (d) Psychoanalytic Perspective
56. For the first time, the word 'Psychology' is introduced by \_\_\_\_\_.
- (a) Rudolf Goekle
  - (b) William James
  - (c) Sigmund Freud
  - (d) C. G. Jung
57. Rudolf Goekle used the word 'Psychology' for the first time in the year \_\_\_\_\_.
- (a) 1590 AD
  - (b) 1095 AD
  - (c) 1950 AD
  - (d) 1509 AD
58. Which branch of psychology deals with the study of animal behaviour?
- (a) Social Psychology
  - (b) Comparative Psychology
  - (c) Abnormal Psychology
  - (d) Differential Psychology

59. Woodworth's approach to define Psychology is \_\_\_\_\_.
- (a) Dynamic
  - (b) Constant
  - (c) Fluctuating
  - (d) simple
60. Who is the Founder of Gestalt Psychology \_\_\_\_\_?
- (a) Kurt Koffka
  - (b) Max wertheimer
  - (c) Kurt Lewin
  - (d) Wolfgang Kohler
61. \_\_\_\_\_ field of psychology focuses on the potential role of evolution in behaviour.
- (a) Developmental Psychology
  - (b) Physiological Psychology
  - (c) Evolutional Psychology
  - (d) Cognitive Psychology
62. Which perspective of psychology emphasizes the overt behaviour of the individual?
- (a) Developmental Perspective
  - (b) Behaviouristic Perspective
  - (c) Humanistic Perspective
  - (d) Psychoanalytic Perspective
63. Thought process is the main component of \_\_\_\_\_ perspective.
- (a) Gestalt Perspective
  - (b) Biological Perspective
  - (c) Humanistic Perspective
  - (d) Cognitive Perspective
64. \_\_\_\_\_ perspective focuses on changes in behaviour and cognitive processes over the life span.
- (a) Developmental Perspective
  - (b) Biological Perspective
  - (c) Humanistic Perspective
  - (d) Psychoanalytic Perspective
65. 'Behaviour can be influenced by social and cultural factor', the \_\_\_\_\_ perspective of psychology emphasizes it.
- (a) Developmental Perspective
  - (b) Biological Perspective
  - (c) Humanistic Perspective
  - (d) Socio-cultural Perspective
66. The frameworks for explaining various events or process in science is known as \_\_\_\_\_.
- (a) Facts
  - (b) Theories
  - (c) Models
  - (d) Hypothesis
67. Emphasizing what comes to mind first or most readily/quickly is known as \_\_\_\_\_.
- (a) Heuristic
  - (b) Critical Thinking
  - (c) Intuitive Thought
  - (d) Confirmation Bias
68. A systematic study of facts according to a reliable and correct method of study is called a \_\_\_\_\_.
- (a) Scientific Study
  - (b) Biological Study
  - (c) Social Technique
  - (d) Methodology

69. The concept of building block of consciousness was laid by \_\_\_\_\_.
- (a) Watson
  - (b) Wundt
  - (c) Freud
  - (d) Jung
70. Who is the first woman, awarded Ph. D in psychology?
- (a) Anna Freud
  - (b) Margaret Floy Washburn
  - (c) Melanie Klein
  - (d) Karen Horney
71. In the year 1913, C. G. Jung, established his school after separated from Sigmund Freud, which is known as \_\_\_\_\_.
- (a) Psychoanalysis School
  - (b) Individual Psychology
  - (c) Psychoanalytical School
  - (d) Child Psychology
72. The \_\_\_\_\_ law of psychology deals with least noticeable difference in different stimuli.
- (a) Getsalt Law
  - (b) Watson Law
  - (c) Binet –Simon Law
  - (d) Weber-Fechner Law
73. Gestalt psychology taking its name from the German word 'Gestal' which literally means \_\_\_\_\_.
- (a) World
  - (b) Whole
  - (c) A part
  - (d) Whole vs part
74. Who promoted the formulation of Elementism?
- (a) Sigmund Freud
  - (b) Aristotle
  - (c) Plato
  - (d) Paul Broca
75. The concept of Rationalism is developed by \_\_\_\_\_.
- (a) Sigmund Freud
  - (b) Aristotle
  - (c) Plato
  - (d) Paul Broca
76. Who proposed that mind and body are two separate entities and interact with each other?
- (a) Rene Descartes
  - (b) Aristotle
  - (c) Plato
  - (d) Paul Broca
77. Who is an important functionalistic psychologist was particularly interested in consciousness, memory and emotions?
- (a) John Dewey
  - (b) William James
  - (c) Thorndike
  - (d) Skinner
78. What is the name of the person established the School of Individual Psychology?
- (a) Adler
  - (b) Jung
  - (c) Anne Freud
  - (d) Eric Fromm



79. Who is a pioneer contributor to the Cognitive Psychology?  
(a) Jean Piaget  
(b) Kohler  
(c) Chomsky  
(d) Kholberg
80. The modern psycholinguistic theory was developed by \_\_\_\_\_.  
(a) Chomsky  
(b) Kohler  
(c) Piaget  
(d) Kholberg
81. The concept of psychology come into teaching and the first psychology course offered by \_\_\_\_\_.  
(a) Willhelm Wundt  
(b) E. B. Titchner  
(c) J. B. Watson  
(d) William James
82. Abraham Maslow and Carl Roger were the founder of \_\_\_\_\_ approach.  
(a) Developmental approach  
(b) Biological approach  
(c) Humanistic approach  
(d) Socio-cultural approach
83. Hope, happiness, optimism and flow takes together as \_\_\_\_\_.  
(a) Cognitive psychology  
(b) Positive psychology  
(c) Humanistic psychology  
(d) Evolutionary psychology
84. Wilson was the strong supporter of \_\_\_\_\_ plays vital role for shaping of behaviour.  
(a) Genes  
(b) Culture and environment  
(c) Past life  
(d) God or almighty
85. The role of brain, body chemical, central nervous system, neural mechanism, etc., are considered the \_\_\_\_\_ branch of psychology.  
(a) Cognitive psychology  
(b) Positive psychology  
(c) Neuropsychology  
(d) Evolutionary psychology
86. Who proposed the famous PASS theory on psychology?  
(a) Binet-Simon  
(b) Cattell  
(c) J. P Das  
(d) Thurstone
87. The first psychological laboratory was established in India at \_\_\_\_\_.  
(a) Delhi University  
(b) Bombay University  
(c) Calcutta University  
(d) Banaras Hindu University
88. First Psychology department started in the department of philosophy at Calcutta University in the year \_\_\_\_\_.  
(a) 1905  
(b) 1916  
(c) 1890  
(d) 1780
89. First psychology Department at in India established by the headship of \_\_\_\_\_.  
(a) Prof. K. D Bruta  
(b) Prof. N. N Sengupta  
(c) Prof. G. Gupta  
(d) Prof. Ganguli

90. The famous book 'Principles of Psychology' was authored by\_\_\_\_\_.
- (a) Willhelm Wundt  
(b) E. B. Titchner  
(c) J. B. Watson  
(d) William James
91. According J. B Watson, 'Psychology is a Science of\_\_\_\_\_'.  
(a) Soul  
(b) Mind  
(c) Behaviour  
(d) Brain
92. Some of our most useful knowledge of human perception borrowed from \_\_\_\_\_.
- (a) Physics  
(b) Chemistry  
(c) Sociology  
(d) Mathematics
93. The structuralist intended to identify the buildings blocks of \_\_\_\_\_.
- (a) Consciousness  
(b) Subconsciousness  
(c) Unconsciousness  
(d) None of the above
94. Who discovered that all mental process are not accompanied by mental imagery?
- (a) Willhelm Wundt  
(b) E. B. Titchner  
(c) J. B. Watson  
(d) Oswald Kulpe
95. The functionalist strongly influenced by \_\_\_\_\_.
- (a) Willhelm Wundt  
(b) Charles Darwin  
(c) J. B. Watson  
(d) William James
96. Who is credited for setting up the first psychological laboratory in United States?
- (a) Willhelm Wundt  
(b) Charles Darwin  
(c) J. B. Watson  
(d) William James
97. What is the meaning of 'Flock' according to Gestalt psychology?
- (a) The whole  
(b) Perceptual unit  
(c) Perception  
(d) Closure
98. Who is the father of psychodynamic theory?
- (a) Willhelm Wundt  
(b) Charles Darwin  
(c) Sigmund Freud  
(d) William James
99. Self actualisation is the proposed by \_\_\_\_\_.
- (a) Carl Roser  
(b) Abraham Mashlow  
(c) Sigmund Freud  
(d) William James
100. Computer provided a new way to conceptualise mental processes and to develop detail theories which is known as \_\_\_\_\_.
- (a) Cognitive Approach  
(b) Behavioural Approach  
(c) Gestalt Approach  
(d) Information Processing Approach

101. Who is a famous psycholinguistic?  
 (a) Gardner  
 (b) Alan Newell  
 (c) A. Simon  
 (d) Noam Chomsky
102. \_\_\_\_\_ psychology compare human abilities with those of animals particularly non-human primates.  
 (a) Industrial Psychology  
 (b) Social Psychology  
 (c) Evolutionary Psychology  
 (d) Animal Psychology
103. Who is the author of book Principle of Psychology?  
 (a) Willhelm Wundt  
 (b) Charles Darwin  
 (c) Sigmund Freud  
 (d) William James
104. In which year Sigmund Freud published the book 'The Ego' and 'The Id'?  
 (a) 1927  
 (b) 1972  
 (c) 1980  
 (d) 1908
105. First issue of cognitive neuroscience appears in the year \_\_\_\_\_.  
 (a) 1967  
 (b) 1989  
 (c) 1997  
 (d) 1978
106. Psychiatric nurse holds a master degree in \_\_\_\_\_.  
 (a) M.S.N with C.S. in Psychiatric nursing  
 (b) M.A./M.Sc in Clinical Psychology  
 (c) M.S degree in Psychiatry  
 (d) M.A./M.Sc in Counselling Psychology
107. The academic related psychological problems are dealt by \_\_\_\_\_.  
 (a) Industrial Psychologist  
 (b) Social Psychologist  
 (c) Academic Psychologist  
 (d) Clinical Psychologist
108. Psychology in the work place is the subject matter of \_\_\_\_\_.  
 (a) Industrial and organisational Psychology  
 (b) Social Psychology  
 (c) Academic Psychology  
 (d) Clinical Psychology
109. According to Darwin, the variation in behaviour passed from one generation to next generation is due to \_\_\_\_\_.  
 (a) Selection  
 (b) Cultural Changes  
 (c) Inheritance  
 (d) None of the above
110. Study of gender difference is the subject matter of \_\_\_\_\_.  
 (a) Industrial and Organisational Psychology  
 (b) Social Psychology  
 (c) Developmental Psychology  
 (d) Clinical Psychology

**Answers:**

- |         |           |         |
|---------|-----------|---------|
| 1. (d)  | 2. (d)    | 3. (c)  |
| 4. (a)  | 5. (c)    | 6. (d)  |
| 7. (a)  | 8. (c)    | 9. (a)  |
| 10. (a) | 11. (a&d) | 12. (a) |

13. (d)      14. (b)      15. (a)  
 16. (d)      17. (b)      18. (a)  
 19. (d)      20. (c)      21. (a)  
 22. (d)      23. (b)      24. (d)  
 25. (c)      26. (b)      27. (b)  
 28. (b)      29. (a)      30. (d)  
 31. (a)      32. (a)      33. (b)  
 34. (d)      35. (c)      36. (d)  
 37. (d)      38. (c)      39. (c)  
 40. (d)      41. (b)      42. (c)  
 43. (a)      44. (b)      45. (a)  
 46. (b)      47. (c)      48. (c)  
 49. (a)      50. (c)      51. (d)  
 52. (a)      53. (b)      54. (a)  
 55. (a)      56. (a)      57. (a)  
 58. (b)      59. (a)      60. (b)  
 61. (c)      62. (b)      63. (d)  
 64. (a)      65. (d)      66. (b)  
 67. (a)      68. (a)      69. (b)  
 70. (b)      71. (c)      72. (d)  
 73. (b)      74. (b)      75. (c)  
 76. (a)      77. (b)      78. (a)  
 79. (a)      80. (a)      81. (d)  
 82. (c)      83. (b)      84. (a)  
 85. (c)      86. (c)      87. (c)  
 88. (b)      89. (b)      90. (d)  
 91. (c)      92. (a)      93. (a)  
 94. (d)      95. (b)      96. (d)  
 97. (b)      98. (c)      99. (b)  
 100. (d)      101. (d)      102. (c)  
 103. (d)      104. (a)      105. (b)  
 106. (a)      107. (c)      108. (a)  
 109. (c)      110. (c)

### True or False

- As psychology is a science, psychologist use empirical methods in their studies and most frequently rely on sensory experience.
- The movement of the flies are studied in Ergonomics.
- Psychologist concerned with human behaviour only.
- Behaviourist perceive nature as the significant factor.
- William James propounded behaviourism.
- Kohler is associated with behaviourism.
- Skinner is famous for principles of reinforcement.
- Chimpanzees were the subject of Pavlov's Conditioning.
- Purposive theory of learning was proposed by Tolman.
- Thorndike and Law of Effect are associated each other.

### Answers:

- True
- True
- False
- False
- False
- False
- True
- False
- True
- True

### Guidelines to Assertion (A) and Reasoning (R) Type Questions

- Both 'A' and 'R' are true and 'R' is the correct explanation of 'A'
- Both 'A' and 'R' are true but 'R' is not the correct explanation of 'A'

- (c) 'A' is true but 'R' is false
- (d) 'A' is false 'R' is true
- 1A. Political psychology is not a part of military psychology.
  - R. Political psychology does not deal with war.
- 2A. The psychologists working in public sector are not very successful
  - R. Public sector is more bureaucratic.
- 3A. Skinner is a behaviouristic.
  - R. Classical condition is his contribution?
- 4A. The consulting psychologists are more successful.
  - R. They help people to help themselves.
- 5A. J. B Watson is consider as the father of behaviouristic approach.
  - R. J. B. Watson established the behaviouristic School.

**Answers:**

- 1. (b)                      2. (b)                      3. (c)
- 4. (a)                      5. (a)

